



Personalities

Focus on...

BOC Special Work Session/Strategic Goal Planning Session

The City of Bowling Green Board of Commissioners and staff met on January 23rd for the annual Special Work Session/Strategic Goal Planning Session. The purpose of this special Work Session/Strategic Goal Planning was to discuss goals and objectives for the City of Bowling Green Fiscal Year 2018/2019 budget and beyond, as well as policy initiatives. Topics discussed include the following:

- Financial overview, multi-year budget planning, historical comparisons and impact of new CERS rates;
- Parks improvements and facility updates, including the Hart Batting Facility at Kereiakes Park, Limestone Springs (spray park) at Lampkin Park, Premier Grounds (soccer complex) at Preston Miller Park, administrative office renovations at Bowling Green Community Center (BGCC), playground replacements at Covington Woods Park and Lampkin Park, and multi-use court refurbishment at Lampkin Park;
- Road improvement projects, such as Smallhouse Road widening and Shive Lane extension, Shive Lane (between Scottsville Road to Ken Bale Boulevard) and the intersection of Dishman Lane and Industrial Drive, as well as development of a list of other targeted spot improvements;
- Possible changes to purchasing and signatory authorities for City Manager;
- Downtown Streetscape Improvements Project recommendations presented by Vaughn & Melton Consulting Engineers, Inc. narrowing design options and establishing priorities for funding;
- Proposal for potential Old Louisville Road corridor improvements, including a street name change and possible establishment of a local tax increment financing (TIF) district to pay for infrastructure improvements;
- Existing mutual aid agreements with Warren County, The Medical Center and Commonwealth of Kentucky, and the Fire Department's response to incidents outside City limits for extrication services;
- Cumberland Ridge Homeowner Association's (HOA) request for City to assist with neighborhood security cameras;
- Unsafe on-street parking conditions in downtown residential areas, including a proposal to amend language in Chapter 22 (Traffic and Motor Vehicles) of the City's Code of Ordinances to better clarify requirements for availability of on-street parking;
- Elements of the City Manager's employment agreement and updates to the job description requirements for education and experience; and,
- Establishment of the Fiscal Year 2019 strategic plan goals, top priorities and major projects.

No formal action was taken at the Special Work Session/Strategic Goal Planning Session. In addition to this yearly meeting the Board of Commissioners also holds a half day retreat to discuss policy initiatives and updates during the month of September. If you would like more information on the BOC Special Work Session/Strategic Goal Planning Session, please contact Katie Schaller-Ward at 270-393-3632.

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Congratulations

January 1 Retirement:

Glenn Hudson, Fire Apparatus Operator/EMT, 20 years

February 1 Retirements:

Bill Sanders, Cemetery Crew Supervisor, 26 years

Keith Potts, Firefighter/EMT II, 20 years



Benefits Corner

Flu Vaccine – It's not too Late:

The City Care Center still has flu vaccine available. Make an appointment to get your vaccine by logging on to www.carehere.com. See below for information from the CDC:

1. Take time to get a flu vaccine (<https://www.cdc.gov/flu/protect/keyfacts.htm>).

- CDC recommends a yearly flu vaccine as the first and most important step in protecting against flu viruses.
- While there are many different flu viruses, a flu vaccine protects against the viruses that research suggests will be most common. (See [Vaccine Virus Selection \(https://www.cdc.gov/flu/about/season/vaccine-selection.htm\)](https://www.cdc.gov/flu/about/season/vaccine-selection.htm) for this season's vaccine composition.)
- Flu vaccination can reduce flu illnesses, doctors' visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations.
- Everyone 6 months of age and older should get a flu vaccine every year before flu activity begins in their community. CDC recommends getting vaccinated by the end of October, if possible. Learn more about [vaccine timing \(https://www.cdc.gov/flu/consumer/vaccinations.htm#when-vaccinate\)](https://www.cdc.gov/flu/consumer/vaccinations.htm#when-vaccinate).
- CDC recommends (<https://www.cdc.gov/flu/about/season/flu-season-2017-2018.htm>) use of injectable influenza vaccines (including inactivated influenza vaccines and recombinant influenza vaccines) during 2017-2018. The nasal spray flu vaccine (live attenuated influenza vaccine or LAIV) should not be used during 2017-2018.
- Vaccination of [high risk persons \(https://www.cdc.gov/flu/about/disease/high_risk.htm\)](https://www.cdc.gov/flu/about/disease/high_risk.htm) is especially important to decrease their risk of severe flu illness.
- [People at high risk of serious flu complications \(https://www.cdc.gov/flu/about/disease/high_risk.htm\)](https://www.cdc.gov/flu/about/disease/high_risk.htm) include young children, [pregnant women \(https://www.cdc.gov/flu/protect/vaccine/pregnant.htm\)](https://www.cdc.gov/flu/protect/vaccine/pregnant.htm), people with chronic health conditions like asthma, diabetes or heart and lung disease and [people 65 years and older \(https://www.cdc.gov/flu/about/disease/65over.htm\)](https://www.cdc.gov/flu/about/disease/65over.htm).
- Vaccination also is important for [health care workers \(https://www.cdc.gov/flu/healthcareworkers.htm\)](https://www.cdc.gov/flu/healthcareworkers.htm), and other people who live with or care for high risk people to keep from spreading flu to them.
- [Children younger than 6 months \(https://www.cdc.gov/flu/parents/index.htm\)](https://www.cdc.gov/flu/parents/index.htm) are at high risk of serious flu illness, but are too young to be vaccinated. People who care for infants should be vaccinated instead.

Cover your nose and mouth with a tissue when you cough or sneeze.

2. Take everyday preventive actions (<https://www.cdc.gov/flu/protect/habits/index.htm>) to stop the spread of germs.

- Try to avoid close contact with sick people.
- While sick, limit contact with others as much as possible to keep from infecting them.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone for 24 hours without the use of a fever-reducing medicine.)
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- [Wash your hands](#) often with soap and water. If soap and water are not available, [use an alcohol-based hand rub](#).
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.

3. Take flu antiviral drugs (<https://www.cdc.gov/flu/antivirals/whatyoushould.htm>) if your doctor prescribes them.

- If you get the flu, antiviral drugs can be used to treat your illness.
- Antiviral drugs are different from antibiotics. They are prescription medicines (pills, liquid or an inhaled powder) and are not available over-the-counter.
- Antiviral drugs can make illness milder and shorten the time you are sick. They may also prevent serious [flu complications\(https://www.cdc.gov/flu/about/disease/complications.htm#complications\)](https://www.cdc.gov/flu/about/disease/complications.htm#complications). For [people with high-risk factors\(https://www.cdc.gov/flu/about/disease/high_risk.htm\)](https://www.cdc.gov/flu/about/disease/high_risk.htm), treatment with an antiviral drug can mean the difference between having a milder illness versus a very serious illness that could result in a hospital stay.
- Studies show that flu antiviral drugs work best for treatment when they are started within 2 days of getting sick, but starting them later can still be helpful, especially if the sick person has a [high-risk health condition \(https://www.cdc.gov/flu/about/disease/high_risk.htm\)](https://www.cdc.gov/flu/about/disease/high_risk.htm) or is very sick from the flu. Follow your doctor's instructions for taking this drug.
- Flu-like symptoms include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people also may have vomiting and diarrhea. People may be infected with the flu, and have respiratory symptoms without a fever.

United Way Employee Campaign Completed

Thank you to those employees who agreed to support the numerous programs funded through the United Way of Southern Kentucky in 2018. City employees pledged over \$14,360, which will be matched by the City. The winners of the donated gift cards were: Leyda Becker, NCS; Jennifer Edwards, Administration; Greg Flora, Fire; and James Napper, NCS.

Strawberry Chocolate Mousse Cake



- 1 cup chocolate cookie crumbs
- 3 tablespoons butter, melted
- 2 pints fresh strawberries, halved
- 2 cups semisweet chocolate chips
- 1/2 cup water
- 2 tablespoons light corn syrup
- 2 1/2 cups heavy cream, divided
- 1 tablespoon white sugar

1. In a bowl, mix crumbs and butter to blend thoroughly. Press evenly onto bottom of 9-inch springform pan. Arrange strawberry halves around the pan side-by-side, pointed ends up, with cut sides against the side of pan; set aside.
2. Place chocolate chips in blender container. Pour water and corn syrup into a small saucepan. Bring to a boil and simmer for 1 minute. Immediately pour over chocolate chips and blend until smooth. Pour into a mixing bowl and cool to room temperature.
3. While chocolate cools, whip 1 1/2 cups of the cream to form stiff peaks. Use a rubber spatula or large whisk to fold 1/3 of the whipped cream into the cooled chocolate to lighten it. Gently fold in the remaining whipped cream until mixture is thoroughly blended. Transfer the mousse into the prepared pan and smooth the top. The points of the strawberries might extend about the chocolate mixture. Cover with plastic wrap and refrigerate for 4 to 24 hours.
4. Up to 2 hours before serving, in a medium mixing bowl, beat remaining 1/2 cup of cream to form soft peaks. Add sugar. Beat to form stiff peaks. Remove the side of the springform pan and place the cake on a serving plate. Pipe or dollop whipped cream onto top of cake. Arrange remaining halved strawberries on whipped cream. To serve, cut into wedges with thin knife, wiping blade between cuts.

February 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|---|---|--|
| | | | | 1 Hany Elhubishi Sean Hamilton | 2 Anna Coats John May Jared McGuire | 3 |
| 4 Jim Morehead MB Stoner | 5 Charles Gray Daniel McDonald | 6 Wesley Jackson Jonathan Vickous | 7 Keith Potts | 8 Geoffrey Gleitz | 9 | 10 |
| 11 Gary Dillard Nelda Mills Beverly Pennington Meylssa Towe | 12 | 13 Danile Ashley Brad Caffey | 14 Landon Embry Jery Lawson | 15 James Ferguson Norman Simpson | 16 Sean Weeks | 17 Alma Miropija William Phelps |
| 18 Laticia Rodgers | 19 Jackson Berryman Darius Johnson Dawn Raley | 20 | 21 Christopher Britton Caleb Thomas | 22 | 23 March Carver Ryan Dillon | 24 Colton Billhartz |
| 25 | 26 | 27 Brock Messina | 28 Lawrence Wingfield Ryan Bessette (29th) | | | |