



Personalities

Benefits Corner

Spring Wellness Series:

The City of Bowling Green's Annual Spring Wellness Series will be held in April, May, and June. This year's topics include: Energize with Exercise, Meal Planning, and Time Management. E-mails will be sent with registration information. Lunch will be provided.

April 11: Energize with Exercise	Parks Community Room	11:30 a.m.
May 9: Meal Planning	Parks Community Room	11:30 a.m.
June 6: Time Management	TBD	11:30 a.m.

Spring Fitness Challenge:

The Spring Fitness Challenge will begin next month. More information will be sent via e-mail.

LifeServices EAP (Employee Assistance Program):

Phone: (800) 822-4847 **Website:** www.lifeserviceseap.com

The Employee Assistance Program (EAP) is a benefit for employees and family members providing confidential counseling for all types of personal problems. These include, but are not limited to: relationship issues, financial concerns, alcohol and drug addiction, legal issues, emotional problems, grief, and stress. The employee and their immediate family can receive up to six free visits per year at no cost.

Fire Prevention Tip

Now that mowing season has begun again, here are a couple of things to remember from the Bowling Green Fire Department:

Always allow small engines, like lawnmowers, weed eaters & leaf blowers, to cool down before refueling them and then move it away from the fuel vapors before you start it.

Also remember that even a tiny spark can ignite gasoline vapors, so use & store fuels like gasoline outside your home only in approved containers and in small quantities.

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Congratulations

Promotion:

Kim Ives, Human Resources & Risk Management,
to Administrative Assistant



Focus on...

Parks and Recreation Facilities Updates:

This fiscal year is a very busy year for the Parks and Recreation Department, as we are making various improvements to several of our parks. We currently have two very large projects going on at Preston Miller Park/Russell Sims Aquatic Center and C. W. Lampkin Park.

At Preston Miller Park, we are currently working on adding a soccer complex with accompanying restrooms, while also constructing an entry building for Russell Sims Aquatic Center that will house the Admissions Office, renovating the bathhouse at Russell Sims Aquatic Center, and fixing and repainting the pool.

Premier Grounds at Preston Miller

During the FY17 Budget Process, a CIP project was approved for the construction of a four field soccer complex, called Premier Grounds at Preston Miller. Brandstetter Carroll Inc. of Lexington, KY was secured to design the complex. Two bids were received with Scott & Murphy Inc. of Bowling Green, KY having the lowest bid of \$2,086,080. The project consists of: the complete construction of four regulation sized soccer fields, two new parking areas, all related storm sewers and drainage, irrigation, sidewalks, and LED lighting on two of the soccer fields.

Work on the project began in late August and has progressed very well. Rough grading of all four fields is complete, both parking areas have a stone base, the storm sewers and drainage is roughly 80% complete, irrigation is 70% complete, and the installation of the LED lighting was completed last week. Final completion of the project for the contractor is scheduled for June 4, 2018, with the sprigging of the Bermuda grass being their last aspect of work. We hope to have the fields ready for play in late fall after allowing a grow-in period for the Bermuda sprigs.



Premier Grounds' Restrooms & Russell Sims Aquatics Entry Building

Also during the FY17 Budget Process, a CIP project was approved for the construction of a new bathroom facility for Premier Grounds and a new Russell Sims Aquatic Center Admissions Office. Brandstetter Carroll Inc. of Lexington, KY was secured to also design these two park improvements.

Based on time of completion, location proximity, and type of work, it was decided to combine the two projects and request one bid for both improvements. The project was advertised on April 10, 2017, with bids being requested by May 10, 2017. Two bids were received, with one bid being deemed non-responsive and both bids coming in over budget. Negotiation after sealed bidding was utilized and we were able to get the project within budget. The project was awarded to Scott, Murphy & Daniel of Bowling Green, KY for a negotiated bid of \$739,567.

The first part of the project consists of a new bathroom facility for the soon to be completed Premier Grounds soccer complex at Preston Miller. The new restrooms are approximately 800 square feet and contains a storage room, a mechanical room that will contain all of the electrical components and controls for the athletic field lighting, in addition to handicap accessible men's and women's restrooms, both with baby changing stations.



The second part of the project consists of the complete construction of a new Russell Sims Aquatic Center Entry Building, consisting of a center room complex with ticketing windows, a storage room, a mechanical room, and two satellite ticketing booths, all connected under a covered and gated entry and exiting area. The goal of this facility is to provide better security for all. Both of these new facilities were designed to complement the existing Preston Miller Park structures. The projects were both started on July 10, 2017 and both are essentially complete with the final inspection scheduled for March 28, 2018.



Russell Sims Aquatic Center – Bathhouse Renovation

During the FY18 Budget Process, a CIP project was approved for the remodeling of the Russell Sims Aquatic Center’s bathroom complex. Again, Brandstetter Carroll Inc. of Lexington, KY was secured to design the improvements. The scope of the project was to increase the bathroom capacity to better accommodate the daily large crowds, to add two family restrooms to better serve customers with young children, to re-orientate the lifeguard office, and to add a walk in freezer in the concessions area to make operations more effective and efficient.

The project was advertised in July 2017, requesting bids no later than August 9, 2017. We received two bids on the project with Scott, Murphy, & Daniel of Bowling Green, KY having the low bid of \$493,000. Work on the project began on September 25, 2017, with a substantial amount of interior demolition. Work has progressed steadily ever since with hopes of being completed and ready for occupancy by early to mid-April, just prior to the facility opening for the season in May.





Russell Sims Aquatic Center – Pool Bottom Rehabilitation and Painting Project

During the FY18 Budget Process, a CIP project was approved for the refurbishing and repainting of the Russell Sims Aquatic Center’s pool bottom. Requests for bids was advertised in July 2017 and a mandatory pre-bid meeting was scheduled for August 18, 2017 to allow potential bidders to view the site, gain an understanding of the size of the area to be repainted, allow them to view the areas that would require rehabilitation, to discuss the required hydro-blasting (to remove old paint), and to discuss the expectations the City had with the project. Bids were to be accepted by September 6, 2017; two responsive bids were received with Aquatics Management, Inc. of Atlanta, GA having the low bid of \$89,800.

Hydro-Blasting began in mid-November and crack filling and rehabilitation started in early December, shortly after the completion of the hydro-blasting and respective cleanup. Weather became a factor with some below average temperatures preventing the application of the new paint, but with a break in the weather, painting was completed on March 6, 2018.

At C.W. Lampkin Park, we are currently working on installing a spray ground similar to that at Circus Square Park.



C. W. Lampkin Park Improvements (Limestone Springs at Lampkin Park)

During the FY17 Budget Process, a CIP project was approved for the construction of Limestone Springs at Lampkin Park. Brandstetter Carroll Inc. of Lexington, KY was secured to also design this park improvement.

The scope of the project consisted of installing in-ground spray features, similar in performance and size as to what we have at Circus Square Park. This would include the installation of all spray features, provide and install the water management system, chemical feeds and UV Protection, all related electrical components, concrete, perimeter fence, sidewalks, and benches, as well as the required parking lot and lighting. The project was advertised during the month of June 2017, with bids requested in no later than July 12, 2017. Unfortunately, no bids were received as requested, so following the City of Bowling Green purchasing guidelines, we were authorized to solicit bids from contractors. By soliciting bids, we received three bids from contractors ranging from over \$1 million to about \$600,000, all of which were well over our budget. In an effort to reduce total costs, we made some revisions in the scope of work and decided to direct purchase the required spray features and operating system. With the revisions made we requested bids from the same three general contractors that we had solicited bids from. This time we only received two bids with Gist Construction of Columbia, KY having the low bid of \$481,000. The City still has to direct purchase all the equipment and controls for \$152,535, making the total cost of the project \$633,535. Due to all of the challenges and negotiations a Notice of Award was not issued until November 2017 and the contract was not signed until January 2018. Construction on the project has started, with rough excavation of the new parking lot completed and a layer of base stone installed. The equipment is to start being delivered the first week of April and installation will begin soon after. It is our hope that Limestone Springs at Lampkin Park will be complete and ready for use when we open Circus Square Park and Russell Sims Aquatic Center, which is on or around Memorial Day.





CELEBRATE ARBOR DAY



Bowling Green Parks and Recreation & the Bowling Green Tree Board invite all citizens for a day of education and fun!

Saturday
April
14
9 a.m. -
12 noon

**KEREIAKES PARK,
1220 FAIRVIEW AVENUE**

Activities:

Tree Care & Planting Demonstrations
Free Tree Seedlings
Tree Planting Items
Storm Water Information
Children's Activities
Inflatables
Bike Rodeo sponsored by Greenways

www.bgky.org/tree/events.php

For more information, please contact Jared Weaver at 270.393.3111.

The Bowling Green Tree Board would like to thank our partners, sponsors, volunteers, and everyone who plants trees!



RUN FOR ABILITIES

5K RACE & WALK

PROCEEDS BENEFIT THE LOCAL BOWLING GREEN SPECIAL OLYMPICS PROGRAM

Sunday
April 15
2018

Lovers
Lane
Soccer
Complex

RACE BEGINS AT 2 P.M.

385 LOVERS LANE

RAIN OR SHINE

\$25 PRE-REGISTRATION

Entries get a goody bag & t-shirt
DEADLINE: March 30 by 4 p.m.

\$30 REGISTRATION AFTER DEADLINE

Entries get a t-shirt while supplies last
DAY OF RACE REGISTRATION:
1 p.m. before race

CATEGORIES:

Overall Male & Female
Senior (over 60)
City Staff - Male & Female
Awards for 1st, 2nd & 3rd Place

Goody bags & t-shirt pickup on day of race.

Refreshments provided before & after race.

Share on social media with
[#RunForAbilities](https://twitter.com/RunForAbilities)

FOR MORE INFORMATION:

270.393.3484, 7 a.m. - 4 p.m.,
Monday - Friday



REGISTRATION ONLINE AT:
<https://playbgpr.bgky.org>

Butter Pound Cake



- 1 cup butter
- 6 eggs
- 3 cups white sugar
- 3 cups all-purpose flour
- 1 pint heavy whipping cream
- 1 tablespoon vanilla extract
- 2 teaspoons lemon extract

1. Preheat oven to 325 degrees F. Grease and flour one 9 or 10 inch tube pan.
2. With an electric mixer, cream butter and sugar until fluffy. Add eggs, one at a time and mix well.
3. Introduce the flour, one cup at a time while adding cream a little at a time until all flour and cream is mixed in well.
4. Add the vanilla and lemon flavoring and blend well. Pour batter into prepared pan.
5. Bake at 325 degrees F for 1-1/2 hours or until center springs back from small amount of pressure. Immediately turn out on cake rack to cool.

Easter Egg Hunts: proof your child can find things when they want to.

April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Mark Absher Chris Basham	2 Michael Justice Jared Merriss	3	4 Sean Girbert Brian Hope	5 Michael Myrick	6 Ben Mock	7 Dwayne Ausbrooks
8	9 Nick Cook Josh Stuart	10 Shathan McCoy	11 Graham Champion Michael Cornwell Brad Hogue Chancellor McDaniel	12	13 Joseph Schmidt	14 Esmir Ferizovic Jeffrey Jordan Bruce Logan
15 Kaelin Byrd Karen Foley Gene Harmon	16 Raegan Amonett Doris Miller	17 Ryam Burnam Robert Decker Jkeyah Patterson	18 Erin Ballou Ketler Calixte Chase McKee Jeff Woosley	19 Tyler Chamings Blake Comer	20	21 Chad Ennis
22 Amanda Hamilton	23 April Cosby Matt Hughes	24	25 Billy Daniels Ross Gibbens	26 Curtis Napier	27 David Hehner	28 Wil Cannon Matt Jones Kim Lancaster
29 Michael Elliott	30 Lee Alvey Slim Nash Adam Updegraff					